

# 1986 Region 1AA Boys Championship - 5/29 & 5/31, 1986 - Carleton College, Northfield

**Teams-** Apple Valley 105, Rochester John Marshall 80, Albert Lea 52.5, Rochester Mayo 43.5, Burnsville 39.5, Rosemount 37.5, Austin 37, Faribault 35, Northfield 27, Winona 18, Red Wing 18, Lakeville 16, Owatonna 14, New Prague 4, Simley 0.

## 110 Meter High Hurdles

- 1 Aaron Wangen, Albert Lea 15.2
- 2 Tom Hunter, Burnsville 15.3
- 3 Jerry Schermerhorn, Lakeville 15.5
- 4 Jon Eriksson, Rosemount 15.6
- 5 Keith Conn, Apple Valley 15.7
- 6 Greg Deyak, Albert Lea 15.9

## 100 Meter Dash

- 1 Chris San Augustin, Apple Valley 11.2
- 2 Mike Kropp, Albert Lea 11.3
- 3 Tom Chung, Apple Valley 11.4
- 4 Marty Kelly, Apple Valley 11.5
- 5 Steve Yochim, Rochester JM 11.6
- 6 Lawrence Means, Rochester JM 11.6

## Sprint Medley Relay

- 1 Rosemount 3:37.5 (Ron Carter, Jedd Jewett, Paul Dentinger, Bruce Erb)
- 2 Austin 3:37.7
- 3 Apple Valley 3:39.7
- 4 Red Wing 3:40.6
- 5 Mayo 3:41.9
- 6 Albert Lea 3:46.7

## 1600 Meter Run

- 1 Todd Beetcher, Mayo 4:17.9
- 2 Steve Briggs, Winona 4:18.4
- 3 Chris Harder, Austin 4:18.7
- 4 John Sundby, Burnsville 4:23.4
- 5 Scott Hebel, Burnsville 4:23.9
- 6 Mike Swanson, Faribault 4:25.9

## 4x100 Meter Relay

- 1 Rochester JM 44.2 (Drew DeWitz, Steve Yochim, Tom Rishold, Lawrence Means)
- 2 Rosemount 44.8
- 3 Albert Lea 44.9
- 4 Winona 44.9
- 5 Faribault 45.1
- 6 Red Wing 45.5

## 400 Meter Dash

- 1 Steve Bangh, Albert Lea 50.5
- 2 Andy Proshok, Apple Valley 51.4
- 3 Jeff Kieffer, Mayo 51.5
- 4 Mike Tupy, New Prague 51.7
- 5 Chris Larson, Roch JM 51.9
- 6 Brian Waldo, Winona 52.6

## 300 Meter Intermediate Hurdles

- 1 Tom Walters, Northfield 39.5
- 2 Tom Hunter, Burnsville 40.3
- 3 Mike Kropp, Albert Lea 40.4
- 4 Joe Campbell, Red Wing 40.6
- 5 Dave Bloomquist, Apple Valley 41.4
- 6 John Tetrault, Apple Valley 41.6

## 800 Meter Run

- 1 Dave Krejci, Austin 1:54.9
- 2 Todd Beetcher, Mayo 1:55.3
- 3 Bob Craig, Burnsville 1:57.8
- 4 Dan Tuma, Lakeville 1:58.2
- 5 Kraig Runquist, Roch JM 1:58.5
- 6 Geoff Goellner, Roch JM 1:58.8

## 200 Meter Dash

- 1 Drew DeWitz, Roch JM 23.0
- 2 Joey McLay, Roch JM 23.4
- 3 Craig Cardinal, Apple Valley 23.4
- 4 Ron Carter, Rosemount 23.5
- 5 John Adank, Winona 23.5
- 6 Tom Chung, Apple Valley 23.7

## 3200 Meter Run

- 1 Mike Swanson, Faribault 9:24.6
- 2 Chris Harder, Austin 9:25.7
- 3 Dave Thweat, Lakeville 9:26.3
- 4 John Sundby, Burnsville 9:26.9
- 5 Scott Hebel, Burnsville 9:38.7
- 6 Marcello Machado, Mayo 9:47.0

## 4x400 Relay

- 1 Rochester JM 3:28.2 (Tom Rishovd, Jack Trotter, Nick Elias, Joey McLay)
- 2 Apple Valley 3:29.1
- 3 Northfield 3:29.3
- 4 Austin 3:31.6
- 5 Winona 3:33.8
- 6 Red Wing 3:35.7

## Shot Put

- 1 Dan Geere, Rosemount 54-3
- 2 Chris Dolejs, Apple Valley 53-8.5
- 3 Jon Werner, Faribault 52-7.5
- 4 Joel Sward, Red Wing 52-3
- 5 Craig Slocum, Albert Lea 50-2.5
- 6 Steve Scheures, Burnsville 49-11.25

## Discus

- 1 Jed Becher, Mayo 150-5
- 2 Chris Dolejs, Apple Valley 143-0
- 3 Mike Otto, Owatonna 139-8
- 4 Tom Graham, Faribault 139-4
- 5 Jim Shuldt, Faribault 137-3
- 6 Dan Geere, Rosemount 135-9

## Long Jump

- 1 Scott Gutzman, Faribault 22-2
- 2 Nick Elias, Roch. JM 21-5
- 3 David Dewald, Roch. JM 21-0.5
- 4 Nate Weir, Red Wing 20-5.25
- 5 Walter Davis, Apple Valley 19-9
- 6 Scott Fruen, Northfield 19-8

## Triple Jump

- 1 David Dewald, Roch. JM 43-5
- 2 Steve Luzum, Apple Valley 43-2.5
- 3 Rick Bosacker, Apple Valley 42-7.25
- 4 Scott Fruen, Northfield 42-0.75
- 5 Todd Kieser, Burnsville 41-8
- 6 Tom Orth, Austin 41-2.5

## Pole Vault

- 1 John Sullivan, Apple Valley 14-2
- 2 Scott Wescott, Albert Lea 13-2
- 3 Sam Higgins, Mayo 12-6
- 4 David Wrohlewski, Northfield 12-0
- 5 Kevin Weiner, Northfield 11-6
- t6 Bob Timlin, Rosemount 11-0
- t6 Chris Daube, Mayo 11-0

## High Jump

- 1 Steve Luzum, Apple Valley 6-5.5
- 2 Kirk Stirens, Owatonna 6-4.5
- 3 Lance Brink, Roch. JM 6-4
- 4 Nick Elias, Roch. JM 6-0
- 5 Mark Garrett, Burnsville 6-0
- t6 Greg Deyak, Albert Lea 6-0
- t6 Dave Esposito, Burnsville 6-0

**Notes:** Apple Valley was coached by Bud Bjornaraa.